

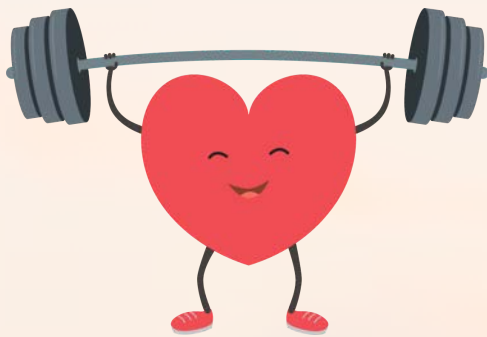
MARCH FREE VIRTUAL PROGRAMS



Recipes in a SNAP

Thursday, March 9 & 23 at 11 am

Follow along with our very own Nutritionists to learn how to make healthy and delicious meals in a SNAP!



Fuel Your Family

Friday, March 17 at 10am

Thursday, March 30 at 11am

This class will show you how to keep you and your family healthy! Learn all about how to make well balanced meals, while on a budget.



ONLINE LESSONS: [HTTPS://CORNELL.ZOOM.US/J/92138885980?](https://cornell.zoom.us/j/92138885980?pwd=WLP6T0ZXUW1REFJKRK9HYU90DTJWUT09)

PWD=WLP6T0ZXUW1REFJKRK9HYU90DTJWUT09

PASSWORD: MARCH