



Bisphenol A (BPA)

Did you know?

BPA can be found in rigid plastic containers, cash register receipts, dental sealants, and the lining of food cans. BPA can affect the endocrine (hormone) system.

Action Plan

Use glass to heat and store food.

Use glass or stainless-steel water bottles.

Choose fresh or frozen foods instead of canned foods.

Choose e-receipts instead of paper receipts.

Shop smart and check labels.

- Avoid those with the #7 recycling symbol or the polycarbonate “PC” label.
- Choose products labeled “BPA-free” when possible.

more →

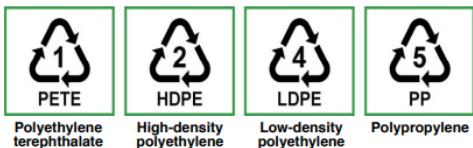


Resources

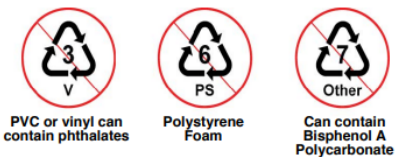
For more information, visit: www.nyscheck.org/rx

Reduce use of single-use plastics. If you choose plastics:

Choose safer plastics:



Plastics to avoid:



Source: Mount Sinai Children's Environmental Health Center

