



Noise

Did you know?

*Noisy environments can impact a child's learning.
Very loud noises can lead to permanent hearing loss.*

Action Plan

- Avoid loud music on iPods/phones, especially when using headphones.
- Choose toys that have a volume control. Tape over the speakers of very loud toys.
- Don't use firecrackers.
- If using a white noise machine to help your infant sleep, do not place it near the baby and play it at a low volume.
- Use hearing protection for you and your family at events with loud music.

[more](#) →



- Create a quiet environment for your child to read and do homework.

Resources

Worried about your child's hearing?
Speak to your child's pediatrician.

Tips to protect your child's hearing from the American Academy of Pediatrics:

www.healthychildren.org
(and search "protect hearing")

For more information visit: nyscheck.org/rx

