



Noise

Did you know?

Noisy environments can impact a child's learning. Very loud noises can lead to permanent hearing loss.

Action Plan

- Avoid loud volumes on portable electronic devices, especially when using headphones.
- Choose toys that have a volume control. Tape over the speakers of very loud toys.
- Don't use firecrackers.
- If using a white noise machine to help your infant sleep, do not place it near the baby and play it at a low volume.
- Use hearing protection for you and your family at events with loud music.
- Create a quiet environment for your child to read and do homework.

[more](#) →

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Resources

To learn more about noise and its health effects, visit nyc.gov/health and search "Noise."

To learn about hearing loss in children, visit cdc.gov and search "Hearing Loss in Children."

For more information, visit nyscheck.org/rxs

To request an environmental telehealth consultation with one of the experts at the Children's Environmental Health Center of the Hudson Valley, please call 914-493-7585.



State of New York
Department of Health
Office of Environmental Health Assessment
Center on Early Childhood Development