



Cockroaches

Did you know?

Cockroaches are common indoor pests and can cause asthma and allergy symptoms.

Action Plan

- Seal cracks and crevices with caulk so they cannot enter.
- Take away their food and water supply:
 - Don't leave food out.
 - Only leave pet food out while pets are eating.
 - Store food in airtight containers.
 - Clean all food crumbs or spilled liquids right away.
 - Wash dishes after use. Rinse recyclable containers.
 - Repair water leaks promptly.
 - Store garbage in a closed bin and remove daily.
- Decrease their hiding places by removing clutter.
- Use bait-traps or sticky traps instead of pesticide spray.

[more](#) →

Resources

National Pesticide Information Center (NPIC) provides information on safer pest control. Visit their website or call their free hotline:

1-800-858-7378
npic.orst.edu

To learn more about safer pest management:

- epa.gov/asthma, select "Asthma Triggers: Gain Control."
- health.ny.gov, search "Pesticides" and select "Pests, Pesticides & Repellents" from the search results.

Monroe County residents living in 14605, 14608, 14609, 14611, or 14621 may be eligible to receive free cleaning supplies and other materials from the Healthy Neighborhood Program. For more information, call (585) 753-5073 or (585) 753-5124, or visit monroecounty.gov/eh-hnp

Monroe County Department of Public Health—Housing and General Sanitation addresses general housing complaints such as cockroaches, mice, garbage, odors and insects. For more information:

- Number: (585) 753-5171
- Email: mchealth@monroecounty.gov
- Website: monroecounty.gov and search "Housing and General Sanitation"

For more information, visit: nyscheck.org/rxs or call (844) 352-3420

