



Mold

Did you know?

Mold depends on moisture to grow. Mold can trigger asthma and allergy symptoms.

Action Plan

- Reduce moisture and increase ventilation (airflow): open windows slightly when showering, use exhaust fans.
- Fix water leaks. Renters, report leaks to your landlord.
- If you see mold:
 - Eliminate the source of moisture/water first.
 - Scrub mold from hard surfaces with soap and water and dry completely.
 - Avoid using bleach (unless you are cleaning sewage).
 - Do not paint over mold.
 - Discard moldy objects (like carpets).
- After a flood or water leak: remove wet items and dry the area within 48 hours.
- If mold covers over 3ft x 3ft, hire a professional mold abatement company. If you rent, report mold to your landlord. If conditions are not fixed, ask your local building department or code enforcement official to inspect your home for water damage or leaks.

[more](#) →

NYSCHECK.ORG

Resources

Learn more about identifying and getting rid of mold:
epa.gov/mold

For local resources and tips on working with your landlord to address mold, visit urmc.rochester.edu and search "Renters-Does Your Home Need Repairs?"

For large amounts of mold or mold you cannot easily access, contact the Monroe County Department of Public Health at (585) 753-5171.

Monroe County residents living in 14605, 14608, 14609, 14611, or 14621 may be eligible to receive free cleaning supplies and other materials from the Healthy Neighborhood Program. Program staff will conduct a home visit and discuss strategies with participants. For more information, call (585) 753-5073 or (585) 753-5124 or visit monroecounty.gov/eh-hnp.

For information concerning environmental exposures in children, pregnant or lactating people, and people planning a pregnancy, contact the Finger Lakes Children's Environmental Health Center at 844-352-3420 or visit urmc.rochester.edu and search "Finger Lakes Children's Environmental Health Center."

For more information, visit: nyscheck.org/rxs or call (844) 352-3420

