



Outdoor Air Quality

Did you know?

Air pollution has many sources including traffic, factories, and power plants. Polluted air can cause health effects, especially in people with asthma, lung disease, or heart disease.

Action Plan

- Check your local air quality report.** The Air Quality Index (AQI) provides information on air quality and actions you can take to protect your health (for example, limiting outdoor activity if the air quality is bad): airnow.gov (or download the AirNow app).



For any AQI other than "Good", AirNow will provide guidance on how to take action to protect health (especially for sensitive groups, like children with asthma).

USG = Unhealthy for Sensitive Groups

- If possible, plan outdoor activities away from major air pollution sources like the highway.
- Help reduce air pollution in your neighborhood: take public transportation, walk or bike when possible, and don't idle your vehicle.

[more](#) →

Signature _____

Date _____

Resources

Ask your child's school to use the "Air Quality Flag Program." For more information, visit airnow.gov and scroll down to select "Flag Program."

For local resources regarding outdoor air quality:

New York City	Visit nyc.gov , search "air pollution" and click "Air Pollution & Regulations" If you would like to file an air quality, vehicle idling, or odor complaint, call 311 or visit portal.311.nyc.gov
New York State	New York State Air Quality Index: Visit dec.ny.gov and search "air quality index forecast"
New Jersey	New Jersey Air Quality Index: nj.gov/dep/airmon
Puerto Rico & U.S. Virgin Islands	PR Air Quality Index: drna.pr.gov/acai/aqi USVI Air Quality Index: iqair.com/us/u-s-virgin-islands Visit icahn.mssm.edu/research/pehsu/us-virgin-islands-puerto-rico for resources tailored to Puerto Rico and the U.S. Virgin Islands

For more information, visit icahn.mssm.edu/research/pehsu/information