



# Mold

## Did you know?

*Mold depends on moisture to grow. Mold can trigger asthma and allergy symptoms.*

## Action Plan

- ❑ Reduce moisture and increase ventilation (airflow): open windows slightly when showering, use exhaust fans.
- ❑ Fix water leaks. Renters, report leaks to your landlord.
- ❑ If you see mold:
  - Eliminate the source of moisture/water first.
  - Scrub mold from hard surfaces with soap and water, dry completely.
  - Avoid using bleach (unless you are cleaning sewage).
  - Do not paint over mold.
  - Discard moldy objects (like carpets).
- ❑ After a flood or water leak: remove wet items and dry the area within 48 hours.
- ❑ If mold covers over 3ft x 3ft, hire a professional mold abatement company. If you rent, report mold to your landlord. If conditions are not fixed, ask your local building department or code enforcement official to inspect your home for water damage or leaks.

*more* →

Signature \_\_\_\_\_

Date \_\_\_\_\_

## Resources

To learn more about identifying and getting rid of mold, visit [epa.gov/mold](https://www.epa.gov/mold)

For local resources regarding mold:

New York City	Did you know that NYC law (Local Law 55) requires that landlords take steps to keep their tenants' homes free of pests and mold? Learn more: <a href="https://www.nyc.gov/health">nyc.gov/health</a> (search "asthma")
New York State	If you or your child have asthma, talk to your doctor to see if you qualify for the "Healthy Neighborhoods" program. Learn more: <a href="https://www.health.ny.gov">health.ny.gov</a> (search "healthy neighborhoods")
New Jersey	<a href="https://www.nj.gov/health">nj.gov/health</a> (search "mold")
Puerto Rico & U.S. Virgin Islands	<a href="https://www.salud.gov.pr">salud.gov.pr</a> (busque "hongos") Visit <a href="https://icahn.mssm.edu/research/pehsu/us-virgin-islands-puerto-rico">icahn.mssm.edu/research/pehsu/us-virgin-islands-puerto-rico</a> for resources tailored to Puerto Rico and the U.S. Virgin Islands

For more information, visit [icahn.mssm.edu/research/pehsu/information](https://icahn.mssm.edu/research/pehsu/information)