



Did you know?

Exposure to marijuana in any form (smoking, vaping, eating) can damage children's lungs and brains.

Marijuana

Action Plan

- Never smoke marijuana near children. The smoke contains many of the same small particles and chemicals as cigarette smoke that can hurt children's growing lungs.
- Secondhand marijuana smoke also contains THC, the chemical that leads to a marijuana "high". The THC gets into children's bodies and can harm their developing brains.
- Children have been poisoned by eating marijuana products that look like food or candy. Make sure these products are stored out of reach and never used around children.
- Know the signs of marijuana poisoning which include:
 - Excessive sleepiness
 - Slurred speech
 - Dizziness
 - Trouble walking

[more](#) →

Signature _____

Date _____

- Some marijuana products are very strong and eating them can be life threatening to a child.
 - If you think your child has swallowed a marijuana product, call poison control right away.
 - If your child has symptoms of marijuana poisoning, call 911 or bring them to an emergency room immediately.
- Talk to older children about the health risks of marijuana use which include problems with learning, memory, mental health, addiction, and the heart and lungs.

Resources

Visit [cdc.gov](https://www.cdc.gov) and search “Marijuana”.

American Academy of Pediatrics: visit [healthychildren.org](https://www.healthychildren.org) and search “Marijuana and parents”.

For help with drug addiction call 1-800-662-HELP (4357).

Poison control hotline: 1-800-222-1222

For more information visit: [nyscheck.org/rx](https://www.nyscheck.org/rx)

Version: October 2022