



# Asbestos

### Did you know?

*Asbestos is found in some older buildings (in insulation, tiles) and rarely in consumer products. Breathing asbestos fibers can lead to serious health issues such as lung cancer.*

### Action Plan

- If you are concerned about asbestos in your home, hire a certified inspector.
  - If asbestos-containing materials are in good condition and cannot be reached by kids, it may be best to leave them alone.
  - If materials are damaged or renovations are planned, hire a certified asbestos contractor and make sure all safety regulations are followed.
- Avoid using talc-containing products (talc may be naturally contaminated with asbestos).
- If you work with asbestos (construction, demolition, brake repair): shower and change clothes/shoes before you drive home. Do not wash work clothes with household clothes.
- Don't smoke cigarettes. In people exposed to asbestos, smoking greatly increases the risk of getting lung cancer.

*more* →

Signature \_\_\_\_\_

Date \_\_\_\_\_

### Resources

For more information about asbestos, visit [epa.gov/asbestos](http://epa.gov/asbestos) and search "Asbestos"

Asbestos is regulated in school buildings. Parents can request a school's Asbestos Hazard Emergency Response Act (AHERA) plan, which explains how the school safely addresses asbestos in the building. To learn more about asbestos in schools, visit [epa.gov/asbestos](http://epa.gov/asbestos) and click "School Buildings"

For local resources concerning asbestos:

New York City	<a href="http://nyc.gov/health">nyc.gov/health</a> and search "asbestos"
New York State	<a href="http://health.ny.gov">health.ny.gov</a> and search "asbestos"
New Jersey	<a href="http://state.nj.us/health">state.nj.us/health</a> and search "asbestos"
Puerto Rico & U.S. Virgin Islands	Many states, Puerto Rico, and the U.S. Virgin Islands have an asbestos program that provides answers to localized asbestos questions: <a href="http://epa.gov/asbestos/state-asbestos-contacts">epa.gov/asbestos/state-asbestos-contacts</a>

For more information, visit [icahn.mssm.edu/research/pehsu/information](http://icahn.mssm.edu/research/pehsu/information)