



# Teen Workers

## Did you know?

*Every year about 70 US teens die from work injuries and another 70,000 get hurt and need to go to the emergency room.*

## Action Plan

- Know your rights! Learn about potentially hazardous materials, safety risks, and protection in the workplace: [youthrules.gov](http://youthrules.gov)
- Be safe! Avoid unsafe practices in the workplace. Use proper safety equipment and make sure you know how to protect yourself on the job.
- If you work with chemicals, don't track them into your home.
  - Change clothes and shoes before returning home.
  - Shower before returning home or as soon as you get home.
  - Wash work clothes separately from clothing of other household members.

## Resources

To learn about the labor laws and safety regulations that protect young people in the workforce visit, YouthRules! [youthrules.gov](http://youthrules.gov)

For more information visit: [nyscheck.org/rxs](http://nyscheck.org/rxs)

[more](#) →

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