



# Noise

## Did you know?

*Noisy environments can impact a child's learning. Very loud noises can lead to permanent hearing loss.*

## Action Plan

- Avoid loud volumes on portable electronic devices, especially when using headphones.
- Choose toys that have a volume control. Tape over the speakers of very loud toys.
- Don't use firecrackers.
- If using a white noise machine to help your infant sleep, do not place it near the baby and play it at a low volume.
- Use hearing protection for you and your family at events with loud music.
- Create a quiet environment for your child to read and do homework.

[more](#) →

NYSHECK.ORG

## Resources

Worried about your child's hearing? Speak to your child's pediatrician.

For tips on how to protect your child's hearing from the American Academy of Pediatrics, visit [healthychildren.org](https://www.healthychildren.org) and search "Protect Hearing."

For more information visit: [nyscheck.org/rxs](https://www.nyscheck.org/rxs)

