Green Cleaning

Did you know?

Routine cleaning can reduce dust, allergens, and chemicals in your home. When cleaning, use safer products, which are better for your health and the environment.

Action Plan

☐ **For routine household cleaning of dust and grime:** choose safer cleaning products with one of these labels:

☐ Make your own cleaners with household ingredients such as vinegar and baking soda (see recipes on next page).

☐ While cleaning, open windows and turn on a fan to increase airflow. Consider wearing gloves to protect your skin.

☐ Keep all cleaning products away from children and pets.

☐ Do not use chemical air fresheners. Instead, keep your home well-ventilated (open windows). Use a box of baking soda to absorb odors.

☐ **If you need to kill germs on household surfaces:** use a disinfectant such as hydrogen peroxide (3%) or diluted household bleach. For more information on how to safely use these products visit: nyscheck.org/covid

more →

Signature _____

All-Purpose Household Cleaner

1 cup warm water
3 drops unscented liquid soap
½ cup white vinegar
Optional: add fresh lemon juice

Mix ingredients in an empty spray bottle.
Use to clean various surfaces in your home.

Sink, Tub, & Tile Cleaner

Add water to baking soda to make a paste.
Use paste to scrub surfaces.
Rinse well.

Resources

In New York State, schools are required to use "environmentally-sensitive" cleaning products. For more information, visit greencleaning.ny.gov

For more information about disinfection (to kill germs on surfaces), visit: nyscheck.org/covid

For more information visit: nyscheck.org/rxs

Was this information helpful?
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