



Gas Stoves: Indoor air quality

Did you know?

Gas stoves release harmful air pollutants and can increase asthma risk in children.

Action Plan

- ❑ Ventilate while cooking! Open a nearby window.
- ❑ If you have an exhaust hood that vents to the outdoors turn it on 5 minutes before cooking and run at least 5 minutes after cooking.
 - Cook on back burners where hoods are most effective.
 - Limit cooking time, when possible, as shorter cooking time produces less pollution than slow cooking.
- ❑ Never use your oven to heat your home.
- ❑ If possible, choose appliances that don't use gas:
 - Electric appliances (e.g., microwave, electric kettle, toaster oven, air fryer, and rice cooker).
 - Try a portable induction burner.
- ❑ Prevent poisoning from carbon monoxide (produced when burning gas or other fuels).
 - Building owners are responsible for installing carbon monoxide detectors in sleeping areas.
 - Tenants should test regularly and replace batteries when needed.
- ❑ If you smell gas (like rotten eggs), quickly open nearby doors and windows. Leave the building immediately and call 911.
- ❑ If it is possible to replace your stove, consider electric or induction.

[more](#) →



Resources

To learn more about how to switch from gas to electric stoves, including available rebates, visit maketheswitchnow.org/ and click “How to Make the Switch.”

Visit nyscrda.ny.gov to learn more about cooking at home without gas.

For more information on Poison Prevention: Carbon Monoxide, visit nyc.gov.

To report a broken or missing CO detector in rental unit, visit portal.311.nyc.gov.

To learn more about air purifiers in the home, visit www.epa.gov/indoor-air-quality-iaq and click “Air Cleaners and Filters” under Learn About IAQ.

By May 1, 2025, all NYC multiple dwellings that contain gas-operated appliances must install a natural gas alarm. Learn more at: [NYC Natural Gas Detector FAQ](#).

To learn more about how to prevent carbon monoxide poisoning, visit: [Carbon Monoxide Poisoning: How to Protect Your Family - HealthyChildren.org](https://HealthyChildren.org/Carbon-Monoxide-Poisoning-How-to-Protect-Your-Family).

For more information, visit: nyscheck.org