

R_X PRESCRIPTION FOR PREVENTION



Environmental Exposures From Your Job or Hobbies

Using chemicals at work or with hobbies can put families at risk for health effects.



- ✓ If you work with chemicals, don't track them into your home. Change clothes and shoes before returning home. Shower before returning or as soon as you get home.
- ✓ If you are pregnant or would like to be in the future, ask about possible harmful workplace exposures including construction, lead battery/car work, and farm/agriculture work.
- ✓ Some hobbies or activities may involve lead. These include home renovations, using artist paints, working with stained glass, working with lead fishing weights, and bullet casting. Use safety measures that reduce lead hazards to you and your family when performing these activities.

Signed: _____

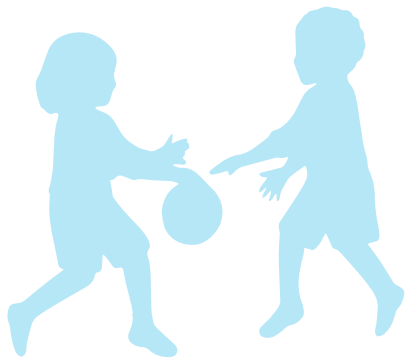


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- ✓ For more information on prevention visit:
nyscheck.org/rx



New York State **Children's**
Environmental **Health Centers**

[NYSCHECK.ORG](https://nyscheck.org)