Green Cleaning

Routine cleaning can reduce dust, allergens, and chemicals in your home. When cleaning, use safer products, which are better for your health and the environment.

Did you know?

Action Plan

☐ For routine household cleaning of dust and grime: choose safer cleaning products with one of these labels:

☐ Make your own cleaners with household ingredients such as vinegar and baking soda (see recipes on next page).

☐ While cleaning, open windows and turn on a fan to increase airflow. Consider wearing gloves to protect your skin.

☐ Keep all cleaning products away from children and pets.

☐ Do not use chemical air fresheners. Instead, keep your home well-ventilated (open windows). Use a box of baking soda to absorb odors.

☐ If you need to kill germs on household surfaces: use a disinfectant such as hydrogen peroxide (3%) or diluted household bleach. For more information on how to safely use these products visit: nyscheck.org/covid

Resources

In New York State, schools are required to use “environmentally-sensitive” cleaning products. For more information, visit greencleaning.ny.gov

For more information about disinfection (to kill germs on surfaces), visit: nyscheck.org/covid

For more information visit: nyscheck.org/rxs

Was this information helpful? Visit bit.ly/GreenCleaningRx to let us know.