Green Cleaning

Routine cleaning can reduce dust, allergens, and chemicals in your home. When cleaning, use safer products, which are better for your health and the environment.

Action Plan

- **For routine household cleaning of dust and grime:** choose safer cleaning products with one of these labels:
  - [Image: SAFER CHOICE
  - [Image: GREEN SEAL CERTIFIED

- Make your own cleaners with household ingredients such as vinegar and baking soda (see recipes on next page).

- While cleaning, open windows and turn on a fan to increase airflow. Consider wearing gloves to protect your skin.

- Keep all cleaning products away from children and pets.

- Do not use chemical air fresheners. Instead, keep your home well-ventilated (open windows). Use a box of baking soda to absorb odors.

- **If you need to kill germs on household surfaces:** use a disinfectant such as hydrogen peroxide (3%) or diluted household bleach. For more information on how to safely use these products visit: [nyscheck.org/covid](http://nyscheck.org/covid)

Did you know?

- [Image: PRXescription for Prevention

New York State Children’s Environmental Health Centers

Signature ________________________________
All-Purpose Household Cleaner

1 cup warm water
3 drops unscented liquid soap
½ cup white vinegar
Optional: add fresh lemon juice

Mix ingredients in an empty spray bottle. Use to clean various surfaces in your home.

Sink, Tub, & Tile Cleaner

Add water to baking soda to make a paste. Use paste to scrub surfaces. Rinse well.

Resources

In New York State, schools are required to use “environmentally-sensitive” cleaning products. For more information, visit greencleaning.ny.gov

For more information about disinfection (to kill germs on surfaces), visit: nyscheck.org/covid

For more information visit: nyscheck.org/nxs