



Green Cleaning

Action Plan

Did you know?

Routine cleaning can reduce dust, allergens, and chemicals in your home. When cleaning, use safer products, which are better for your health and the environment.

- ❑ For routine household cleaning of dust and grime: choose safer cleaning products with one of these labels:



- ❑ Make your own cleaners with household ingredients such as vinegar and baking soda (see recipes on next page).
- ❑ While cleaning, open windows and turn on a fan to increase airflow. Consider wearing gloves to protect your skin.
- ❑ Keep all cleaning products stored in their original containers, and away from children and pets.
- ❑ If you need to kill germs on household surfaces: Select an [EPA-approved disinfectant](#) using the [EPA Design for the Environment \(DfE\) Program list](#). These products contain active ingredients that are safer for human health and the environment. Ingredients include hydrogen peroxide, citric acid, L-lactic acid, or ethanol. 3% hydrogen peroxide or properly diluted household bleach can also be used safely.

[more](#) →

- o Avoid products with quaternary ammoniums (Quats) like benzalkonium chloride and ammonium chloride.

All-Purpose Household Cleaner

1 cup warm water

3 drops unscented liquid soap

½ cup white vinegar

Optional: add fresh lemon juice

Mix ingredients in an empty spray bottle.

Use to clean various surfaces in your home.

Sink, Tub, & Tile Cleaner

Add water to baking soda to make a paste.

Use paste to scrub surfaces.

Rinse well.

Bleach Dilution Recipe

Small Batch:

1 teaspoon household bleach (5.25 or 6%) +

1 cup cool water

Large Batch:

1/3 cup household bleach +

1 gallon cool water

Resources

In New York State, schools are required to use “environmentally-sensitive” cleaning products. For more information, visit greencleaning.ny.gov

For more information about disinfection (to kill germs on surfaces), or how to safely use disinfectants visit: nyscheck.org/safely-cleaning-your-home

For more information visit: nyscheck.org/rxs

Was this information helpful?
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